

# Gastro delights at the Taste of Cape Town 2012

 By [Justin Williams](#)

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The annual Taste of Cape Town event graced our palates this weekend and, judging by the number of people who attended the first night, it was a tasty success.

We arrived on Thursday evening, hungry. Upon entry we each received a complimentary wine glass - needless to say our first stop of the evening was at The Westin Executive Club, where we kicked off our night with a glass of a merlot/shiraz blend. I'll be the first to admit that I'm no wine connoisseur, but I do know a good wine when I taste one and this was one of them.





Our next stop was at the Pick & Pay Fresh Living Chef's Theatre - an informative (and interactive) culinary experience. We took a seat inside and watched sous chef Mike Jones (from the Signal Restaurant at the Cape Grace Hotel) prepare a Chicken and Leek Terrine with pea and mint puree. One could have easily spent all evening inside the theatre, but we continued our stroll through the fields of Green Point Cricket Club to find our next food stop - The Amazing Thailand Experience, it was.

### **A weakness for Thai food**

As we arrived, a Thai chef was educating listeners about the best way to prepare Tom Yum soup while he chopped, sliced and diced the necessities for the dish. I have a weakness for Thai food, so we stayed on until his workshop was finished.



The rest of the evening was spent tasting food from the many different displays on offer, snapping photos and ensuring that our glasses did not reach empty by repeatedly visiting The Westin Executive Club. We tried Shaami Shikhampuri from Taj's

Bombay Brasserie, Bobotie Spring Rolls from Fyndraai Restaurant, Beef Fillet from Azure Restaurant and, finally, dessert in the delectable form of Chocolate Torte from La Colombe.

Thanks to all the organisers and sponsors for a great Taste of Cape Town event!

*Photography by Stefan du Toit*

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## ABOUT JUSTIN WILLIAMS

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