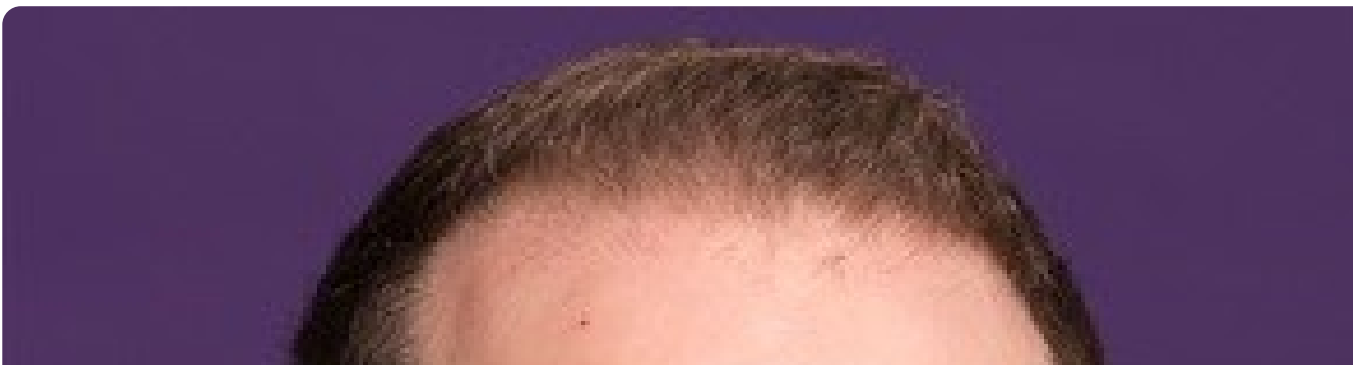
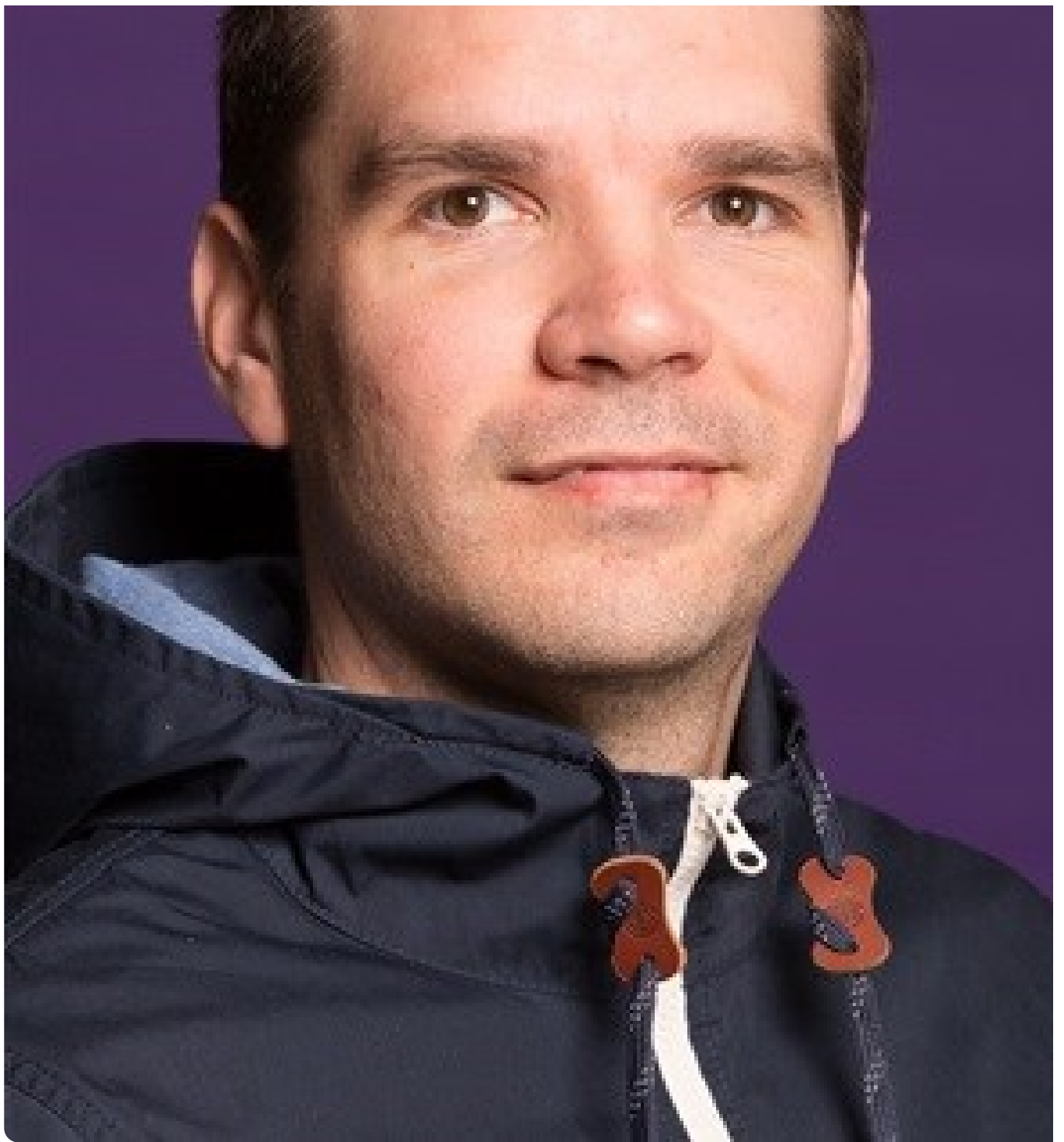


## Health is strong at New Media

Issued by [Media24](#) 24 Oct 2017

New Media has strengthened and expanded its Health and Sports Division by welcoming Thom: Okes on board as Brand Editor on the Mediclinic account.





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# Family

Mediclinic

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## POUCH PERFECT

Kangaroo care saves babies

## PROTECT YOUR HEART

from these surprising risks

## DO YOU HAVE HPV ...

and is it time your child gets vaccinated?

## AJ CALITZ

Ultra-runner record holder ... and stroke survivor

## THE ULTIMATE BREAST TEST

MAMMAPRINT COULD SAVE YOU FROM CHEMO

AAA-CHOO! WHAT HAPPENS WHEN YOU SNEEZE?

MANAGE YOUR DIABETES WITH THESE SMART DEVICES

DINNER FOR DIABETICS (AND THE REST OF THE FAMILY TOO)

# HOW CAMERON FOUND HIS CALM

Living with ADHD:  
the Olympic swimmer opens up

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Thomas, previously Managing Editor on *Men's Health*, grows our expert editorial team that produces a range of health and sport content on all platforms, including digital, social media, print and video.

*Family* magazine is distributed in all Mediclinic Southern Africa hospitals, while the InfoHub is the brand's

online content portal, offering insightful health and lifestyle content, patient stories and personality videos. The team also produces industry-facing content for this industry-leading client, on The Future of Healthcare site as well as curating segmented newsletters for a broad database.

"The entire health team has a consumer media background, and Thomas is a great addition," says Adelle Horler, Head of Health Content. "He brings excellent knowledge on the latest health and sport trends in consumer media, which is vital in keeping Mediclinic content as relevant and valuable as mainstream journalism."

Aside from Mediclinic, which has a growing and global footprint, other brands in the Health and Sports Division include All Out Rugby (Vodacom), Golf Digest and Bankmed, to name a few.

"Thomas's appointment is in line with New Media's strategy of owning centres of editorial expertise in specific sectors," says Cat Anderson, Group Account Director of the Health and Sports Division. "New Media creates award-winning content which is informed by analytics and audience insights, and is skilfully crafted by the content experts we have in-house."

## About New Media

New Media is the leading content-marketing agency in South Africa. Established in 1998 and part owned by Media24, New Media connects people to brands through crafted content on a variety of media platforms. Based in both Cape Town and Johannesburg, the company's portfolio covers the food, décor, entertainment, internal communications, health, sport and financial services sectors.

New Media adds value to brands and audiences by creating content that engages, entertains, increases sales, improves customer affinity and retention, positions brands and aligns informed staff.

° **Media24 recognised at INMA Global Media Awards** 12 May 2026

° **Daily Sun is still Mzansi's trusted voice** 30 Mar 2026

° **Eat Out launches Neighbourhood Gems, a chef-driven restaurant recognition platform** 24

Oct 2025

° **Woolworths Taste triumphs in New York** 22 Oct 2025

° **Media24 launches enterprise subscriptions** 21 Oct 2025

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Media24 is South Africa's leading media company, with a strong presence in digital media, book publishing and television. As part of Naspers, a global media and e-commerce group we are committed to shaping the future of storytelling.

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