

# First and last impressions...



By [Juliette Attwell](#)

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This week we advise on what to wear to an interview, as well as how to resign without burning bridges.

**Hi Juliette,**

***I am a graduate going for my first interview this week. What should I wear in order to make a good impression? - Heather***

Hi Heather,

Dress for success! When you look good, you feel good. No matter what role you are interviewing for, you should always dress professionally. It is best to wear darker, more neutral colours such as black; grey; navy blue etc.

Men have a choice of either wearing a full suit, or opting between a jacket and tie. Being well groomed is also important. Pay attention to the finer details such as polishing your shoes, having clean hands and nails and taking a breath freshener before your interview, especially if you are a smoker.

Ladies have more freedom in this regard having more clothing options. However, making sure that you look neat and formal is key in the interview process. High heels, make-up and neat hair are finishing touches to a corporate look. Remember, the most important part of any outfit is confidence.

Best of luck for your interview!

**Good day Juliette,**

***I am actively on the job market as I am not happy at my current employer. How do I resign from my current position without burning bridges? - Samuel***

Hi Samuel,

This is a great question that is extremely relevant to every candidate that is on the market for a new position. Of course, nobody wants to leave a company on bad terms; however there is always a strong possibility that your employer will see an employees resignation in a negative light. The relationship that you have with your employer will also play a large role in their reaction to your resignation.

It would be best to be as professional as possible, handing in a formal resignation letter and taking part in an exit interview to explain your reasons for wanting to leave their organisation. An exit interview is a 'must' when resigning, in order to put all cards on the table and ensure that both the employer and the employee address any issues at hand.

Keep in mind that you will have to work in your notice and you do not want to do so in a hostile environment due to handling your resignation with a lack of professionalism.

Make sure that you deliver the same quality of work in your last days at the organisation, making sure that you do not leave on a bad note or get perceived as an idler.

Best of luck, Samuel!

## **Remember to Always Love What You Do!**

**Juliette**

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## **ABOUT JULIETTE ATTWELL**

Juliette Attwell is Head of Marketing & Operations at Recruitgroup. Recruitgroup has won Careerjunction Recruiter of the Year in 2010, 2012, 2013 and 2014 as well as Fast Growth Business of the Year at the National Business Awards 2014. Juliette holds a Bcom Honours in Marketing Management and is the resident "agony aunt" on the BizCareers Column, she was also a finalist in the Top Young Executive at the National Business Awards 2014.

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