

How cars 'waste' two thirds of their fuel

By [Noël Brunetière](#)

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With the rise in gas prices showing no signs of abating, it seems like an appropriate time to ask ourselves: are our cars not efficient enough? Europe has decided to [ban the production of new combustion engine-powered vehicles by 2035](#), but most passenger vehicles currently on roads in France and across the globe still fall under this category.



Thermal engines are anything but optimized, and significant amounts of the fuel they consume is essentially wasted. Alexander Popov/Unsplash

Their engines operate by burning petrol or diesel fuel and converting the resulting thermal energy into mechanical energy, which is used to propel the vehicle. At most [50% of the power supplied](#) is converted into mechanical energy, but the remainder is dissipated as heat. Moreover, not all the mechanical energy is delivered to the wheels, with almost [30% being lost due to friction](#).

In the end, the actual energy used to move the vehicle amounts to approximately 30% of the total energy supplied by fuel. So, where does all this waste occur, are we able to reduce it and how much can we reasonably expect to save on fuel consumption?

How a combustion engine works

In a combustion engine, a mix of fuel and air is burned inside the part called the combustion chamber. This increases the volume of gas in the chamber and the resulting pressure pushes the piston component downward. The piston is connected to the crankshaft by a connecting rod, which converts the piston's vertical motion into a rotational motion. Next, this rotation is transferred by the crankshaft to the mechanical transmission (including the gearbox) and then to the wheels.

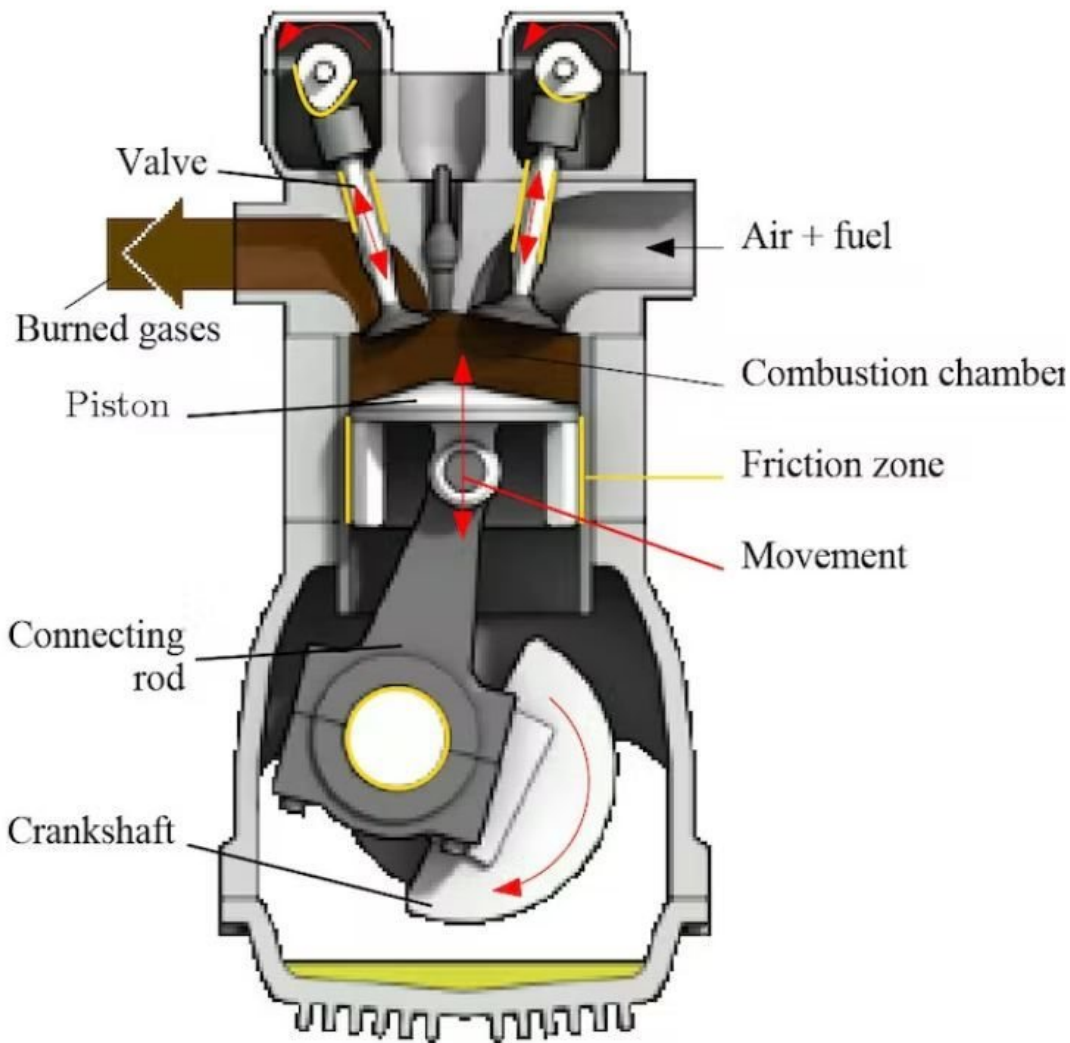


Diagram of a combustion engine: movement of parts (red) and friction areas (yellow). Zephyris/Wikimedia/TCF, CC BY

A number of engine valves then open and shut, letting waste gases out and then a fresh dose of air and fuel in. A limited portion (40 to 50%) of the thermal energy resulting from combustion is converted into mechanical energy. The remainder is wasted, discharged through the hot gases from the exhaust pipe and through the radiator, which keeps the engine cool. However, by improving the combustion and installing energy recovery systems, we may be able to increase the amount of usefully converted energy and reduce fuel consumption by almost 30%.

Fuel wasted due to friction

It is worth mentioning what is meant by “friction”. The term refers to the force that acts in resistance to the sliding motion between two objects when they are brought into contact with each other. For example, the friction between our shoes and the ground allows us to walk without slipping. In cases of low friction, such as when the ground is icy, it is easier for our shoes to slide against the ground and walking becomes much more difficult. We might, however, choose to wear skates, which use their low friction with the ground to enable us to move around by sliding.

Essentially, when two objects are slid (or rubbed) together, the resultant resisting force occurs due to the friction. This leads to energy loss through heat, which we can observe by rubbing our hands together, for instance. In a car, the exact same phenomenon occurs between the moving engine parts and the mechanical transmission. As researchers, we aim to assess the impact of this phenomenon.

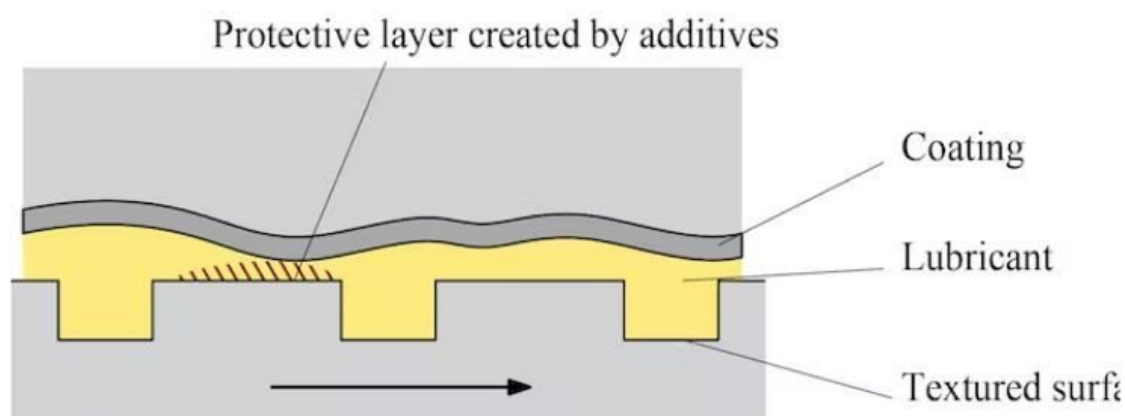
"Tribology" is a branch of science concerned with contact, friction and how to mitigate their impacts. [Recent research](#) in this field has helped estimate the energy losses due to the friction occurring in a car's combustion engine and in the transmission linked to its wheels. In the diagram above, the contact areas where losses occur due to friction are shown in yellow. The most significant energy losses occur around the piston (at approximately 45% of losses); followed by the links between the connecting rod, crankshaft and cylinder block (approximately 30%); and around the valves and their actuating system (approximately 10%). The remaining 10% is lost through other engine fittings.

The useful mechanical energy from the engine is [further restricted](#) by losses in the mechanical transmission, caused in particular by friction between the gears. Ultimately, all these losses result in a wastage of around 30% of the mechanical energy supplied by the combustion engine under average vehicle operating conditions.

Could we reduce fuel consumption by limiting energy losses from friction?

Because around 30% of a car's fuel is used to overcome friction between its moving mechanical parts, reducing these losses could yield substantial savings on fuel. As such, we must look at the elements exposed to friction to discuss potential improvements. The engine and transmission components are already lubricated using oil, which is inserted between surfaces to prevent friction and wear.

With the goal of further reducing energy losses from friction, tribology research covers two main areas. The first is concerned with improving lubricants. This research aims to manage how certain properties of lubricant, such as viscosity, are affected by temperature. In general, friction tends to decrease when a less viscous lubricant is used, but its oil film may be too thin, leading to more contact between uneven surface areas and faster wear. To combat this, one branch of research aims to develop new additives for lubricant that can coat surfaces in protective, low-friction layers.



Solutions used to reduce friction and wear in mechanical contact areas.

Zephyris/Wikimedia/TCF, [CC BY](#)

Solutions used to reduce friction and wear in mechanical contact areas. Zephyris/Wikimedia/TCF, CC BY

The second research area involves improving the surfaces themselves by creating new (particularly carbon-based) coatings, which protect the surfaces that come into contact with each other and result in lower friction. Alternatively, surfaces may be textured with a network of holes, which have the optimal dimensions for more effective lubrication.

We recently conducted a [research project](#) at the Institut Pprime in Poitiers (led by CNRS, University of Poitiers and ISAE

Ensma), which has shown that the friction of some contact types can be decreased by 50% through the use of surface texturing.

Furthermore, in the case of combustion engine-powered vehicles, several studies have already confirmed that this new technology can reduce energy losses due to friction by 50 to 60% in the medium term, amounting to around 15% less fuel consumption. When combined with improved engines and smaller, lighter vehicles – and, ultimately, narrower tyres – this seemingly small amount of saved fuel could potentially reach [figures of around 50%](#). The expanding SUV sector in the automotive market, however, tells us that this avenue for fuel saving has sadly not been adopted by car manufacturers in recent years.

So, what are our immediate solutions for cutting costs? Excluding for new vehicle purchases, the use of [more efficient lubricants](#) can reduce consumption by a few percent, a paltry amount in the face of rising fuel prices. On top of this, it can be tricky for individuals to know which lubricant to choose from, as comparative studies are currently only available in the scientific literature and therefore restricted to a specialist readership.

Nevertheless, we should not forget that cars are made to transport several passengers. When fuel consumption is divided by several passengers, carpooling can cut consumption by two, three, four times over and beyond. But when it comes to reducing fuel bills, driving less remains the most efficient and most straightforward solution.

As for the longer term, could the electric car – now widely praised – be a more effective solution in reducing energy losses due to friction? With much fewer mechanical components exposed to friction, energy losses in electric cars have been evaluated at less than 5%. But before it can be hailed as a miracle solution, we must consider [all the other nuts and bolts](#), including the car's weight, its battery cost, and the extraction and recycling of its manufacturing materials.

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