

***Eat Out* invites all food lovers to nominate their favourite restaurants**

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South Africa's most loved restaurant guide, *Eat Out*, is calling on all food lovers to participate in determining the Eat Out 500 - a list of the best restaurants in the country that will be featured in the 2016 edition of *Eat Out* magazine - by nominating their favourite restaurants.



Based on the success of public participation in last year's nomination process, *Eat Out* is once again inviting food lovers to have their say to ensure that SA's best guide to SA's best food includes the 500 top restaurants across the country. To nominate a restaurant, members of the public can simply visit <http://www.eatout.co.za/restaurant-nominations/> on the *Eat Out* website.

Eat Out's editorial panel of food and restaurant experts will rate the nominated restaurants (with points for food, ambience and service) to create the Eat Out 500, the power list of great restaurants that will be included in the 2016 magazine. Each eatery that makes this final tally will be visited and reviewed anonymously by a member of the *Eat Out* editorial panel for the magazine.

"We want to ensure that this, the 18th edition of *Eat Out* magazine, is the most complete and comprehensive guide to the best restaurants in South Africa. Including the public in the process gives a voice to the country's passionate, food-loving community, as well as ensures fairness and transparency, all of which are important to the brand," says Abigail Donnelly, editor of *Eat Out*.

Members of the *Eat Out* audience who nominate restaurants will automatically be entered into a competition to win a Caffeluxe Verona espresso machine plus a range of coffee capsules worth R1,500. The more restaurants a reader nominates, the greater their chance of winning.

Nominations are now open and will close on Friday, 6 March 2015. The 2016 edition of *Eat Out* magazine will go on sale in November 2015.

The current edition of *Eat Out* is on newsstands at selected Woolworths, Pick n Pay, Exclusive Books and CNA stores.

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