

Engen Driver Wellness 2017 programme on the move

Over a seven-month period, running from April to the end of October, the Engen Driver Wellness 2017 programme will reach 21 sites in five provinces. It continues to bring health to the front seat for truck drivers by providing them with free health screenings.



Engen Driver Wellness is a mobile health awareness initiative run by Thubelihle Occupational Health & Wellness. The initiative which has impacted positively on the country's bulk truck driver operators has continued to increase driver participation in voluntary screenings and improved health scores over the years.

Free, voluntary screenings

Operated nationwide at Engen Truck Stops and retail service stations, drivers are offered free, voluntary screenings in mobile clinics. These are conducted by qualified nurses and councillors where blood pressure, cholesterol, diabetes, tuberculosis, BMI (Body Mass Index), and HIV/AIDS are tested.

Engen's corporate social investment manager, Mntu Nduvane says that the main aim of this initiative is to improve health through awareness. "Education helps to remind drivers and our employees why their health is important and how life choices impact on their well-being. Ultimately this increases their health, safety and productivity."

"There has been a marked increase in a number of individuals using the services we provide which is a clear indication that

this intervention is making a difference to the wellbeing of drivers and will ultimately lead to a healthier industry,” adds Nduvane.

Truck Stop & Retail sites	Venue	Date	Time
Kokstad Truck Stop	BG Truck Stop Main Road Kokstad	31-Oct-17	10:00 - 17:00
Kimberly Truck Stop	Cape Town Road, Kimberly	26-Jun-17	17:00-22:00
Upington Truck Stop	De Drift Plaza, Erf 1070, Louisvale, Upington	11-Jul-17	07:00-17:00
Springfontein Truck Stop	Plot no 3, N1 Highway, Springfontein	27-Jun-17	07:00-17:00
Progress Service Station	35 Thompson Avenue, Bizana	07-Jul-17	10:00 - 15:00
Mosselbay 1 Stop	N2 Mosselbay	28-Sep-17	10:00 - 17:00
Gone South Engen Truck Stop	No 1 Old Grahamstown Road, Swartkops	23-Oct-17	17:00 - 22:00
East London Engen Truckstop	16A Settlers Way, Gately, Wesbank, East London	25-Oct-17	17:00 - 22:00
Airport Motors	9 Breezyvale Rd. Orange Groove	26-Oct-17	10:00 - 17:00
Gateway Truck Stop	N1 Highway, Beitbridge Border Post, Musina	05 & 06 Oct 2017	06:00 - 15:00
Market Gateway	Majorie Street, City Deep	17-Oct-17	09:00 - 15:00
Highveld 1 Stop N & S Bound	R21 Highway	11-Oct-17	07:00 - 15:00
Engen Swartland 1 Stop	N7 National Road, Philadelphia	29-Sep	11:00 - 15:00
Engen Wneland 1 Stop North	N1 National Road, Joostenbergvlakte	01-Oct	10: 00 - 13:00
Engen Wneland 1 Stop South	N1 National Road, Joostenbergvlakte	01-Oct	14:00 - 17:00
Engen Kempston Truck Stop	Gunner Circle, Epping Industrial	02-Oct	07:00 - 12:00

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