

Young women who smoke significantly increase their risk of stroke

New research from scientists in the USA has found that the risk of younger women having a stroke is double if they smoke and if they are heavy smokers they have nine times the stroke risk.

According to the new study which assessed the stroke risk in women 15 to 49 years who were smokers, current smokers were 2.6 times as likely to have a stroke than women who never smoked.

Researchers give clear examples, saying women who smoke 21 to 39 cigarettes a day are at more than 4 times the of stroke than a nonsmoker, while those who smoke at least two packs a day, 40 cigarettes, have a stroke risk more than 9 times higher.

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