

Schick Adventure Boot Camp Challenge

The Schick Adventure Boot Camp Challenge Gala Dinner took place at the Two Oceans Aquarium at the V&A Waterfront in Cape Town on Saturday, 15 September 2012. Tracey Visscher won this year's coveted title of Schick Adventure Boot Camp Challenge winner.



Tracy Visser from Bellville weighed 80.40 kilograms at the start of the Schick Adventure Boot Camp Challenge and has in just three short months lost 6% of her body weight and 6.4 kilograms, making her the winner of this year's coveted title.

She was chosen out of more than 260 entrants to compete in the three-month Schick Adventure Boot Camp Challenge. The aim was to achieve long-term holistic lifestyle change and gain a better understanding of health and wellness through regular exercise and coaching.

Photographs courtesy of Elton Willenburgh Photography

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