

Two new Disney Africa websites for families, with Discovery Vitality

Disney Africa, in collaboration with Discovery Vitality has launched two new family health sites - Disney Baby Africa and Disney Healthy Living.co.za.

Disney Baby Africa offers expecting and new parents information, resources, inspiring ideas and more covering pregnancy, birth and the early years of raising their children. With handy resources to help parents in many areas of their day with their child, from dressing to playtime and beyond, the website adds a dose of magic to this special time in a family's life.

Parents and caregivers will find the Disney Healthy Living website a useful resource to make healthy eating and physical activity more appealing, simple and fun for their children. The site features engaging recipes, articles, activities and games as well as useful tools and information aimed at a family's wellbeing.

For more information, go to <http://baby.disneyafrica.com> and www.disneyhealthyliving.co.za.

For more, visit: <https://www.bizcommunity.com>