

# Yes, eating meat affects the environment, but cows are not killing the climate

By [Frank M. Mitloehner](#)

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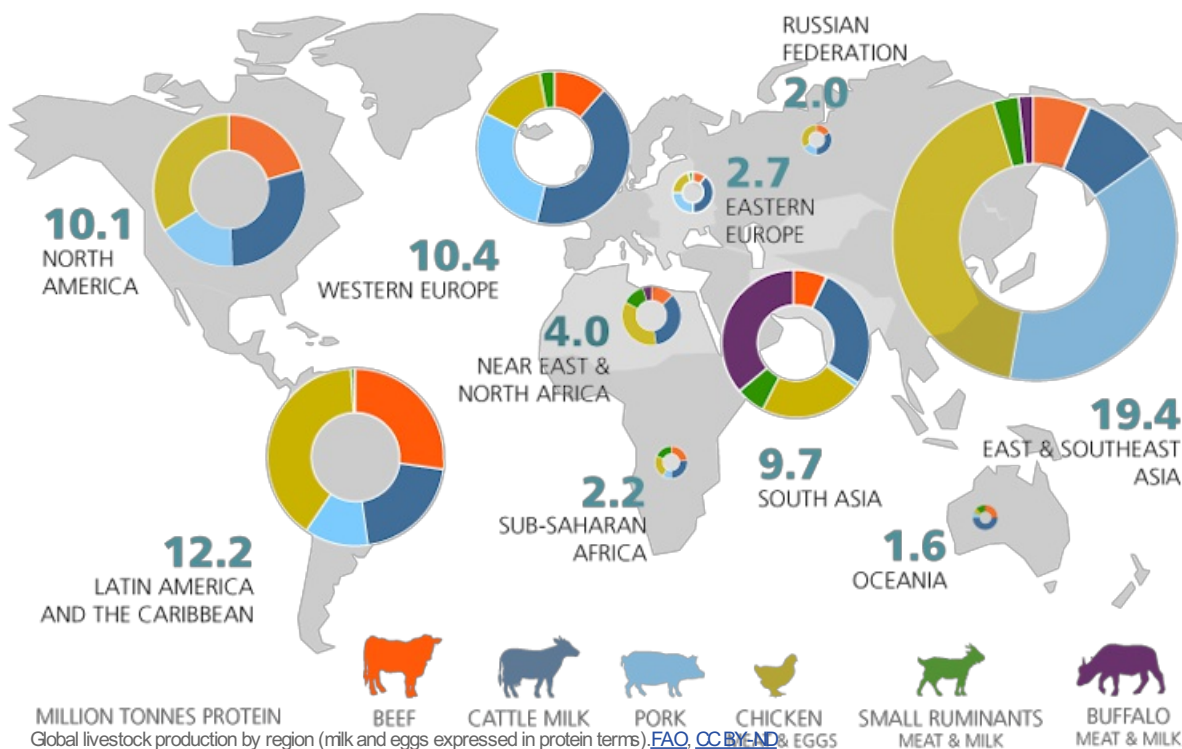
As the scale and impacts of climate change become increasingly alarming, meat is a popular target for action. Advocates urge the public to [eat less meat to save the environment](#). Some activists have called for [taxing meat](#) to reduce consumption of it.



Cattle grazing on public lands near Steens Mountain, Oregon. [BLM/Greg Shine](#), [CC BY](#)

A key claim underlying these arguments holds that globally, meat production generates more greenhouse gases than the entire transportation sector. However, this claim is demonstrably wrong, as I will show. And its persistence has led to false assumptions about the linkage between meat and climate change.

[My research](#) focuses on ways in which animal agriculture affects air quality and climate change. In my view, there are many reasons for either choosing animal protein or opting for a vegetarian selection. However, foregoing meat and meat products is not the environmental panacea many would have us believe. And if taken to an extreme, it also could have harmful nutritional consequences.



## Setting the record straight on meat and greenhouse gases

A healthy portion of meat's bad rap centres on the assertion that livestock is the largest source of greenhouse gases worldwide. For example, a [2009 analysis](#) published by the Washington, DC-based [Worldwatch Institute](#) asserted that 51% of global GHG emissions come from rearing and processing livestock.

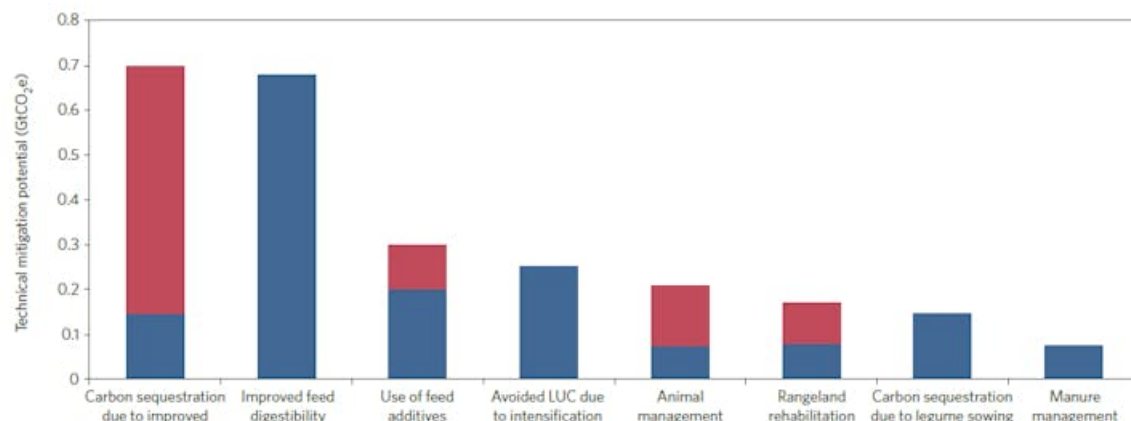
According to the US Environmental Protection Agency, the largest sources of [US GHG emissions in 2016](#) were electricity production (28% of total emissions), transportation (28%) and industry (22%). All of agriculture accounted for a total of 9 percent. All of animal agriculture contributes less than half of this amount, representing [3.9% of total US greenhouse gas emissions](#). That's very different from claiming livestock represents as much or more than transportation.

Why the misconception? In 2006 the [United Nations Food and Agriculture Organization](#) published a study titled "[Livestock's Long Shadow](#)," which received widespread international attention. It stated that livestock produced a staggering 18% of the world's greenhouse gas emissions. The agency drew a startling conclusion: Livestock was doing more to harm the climate than all modes of transportation combined.

This latter claim was wrong, and has since been [corrected by Henning Steinfeld, the report's senior author](#). The problem was that FAO analysts used a comprehensive life-cycle assessment to study the climate impact of livestock, but a different method when they analysed transportation.

For livestock, they considered every factor associated with producing meat. This included emissions from fertiliser production, converting land from forests to pastures, growing feed, and direct emissions from animals (belching and manure) from birth to death.

However, when they looked at transportation's carbon footprint, they ignored impacts on the climate from manufacturing vehicle materials and parts, assembling vehicles and maintaining roads, bridges and airports. Instead, they only considered the exhaust emitted by finished cars, trucks, trains and planes. As a result, the FAO's comparison of greenhouse gas emissions from livestock to those from transportation was greatly distorted.



Researchers have identified multiple options for reducing greenhouse gas emissions from the livestock sector. Red bars represent the potential range for each practice. [Herrero et al. 2016, via Penn State University, CC BY-NC-SA](#)

I pointed out this flaw during a speech to fellow scientists in San Francisco on March 22, 2010, which led to a [flood of media coverage](#). To its credit, the FAO [immediately owned up to its error](#). Unfortunately, the agency's initial claim that livestock was responsible for the lion's share of world greenhouse gas emissions had already received wide coverage. To this day, we struggle to "unring" the bell.

In its most recent assessment report, the FAO estimated that livestock produces [14.5% of global greenhouse gas emissions from human activities](#). There is no comparable full life-cycle assessment for transportation. [However, as Steinfeld has pointed out](#), direct emissions from transportation versus livestock can be compared and amount to 14% versus 5%, respectively.

## Giving up meat won't save the climate

Many people continue to think avoiding meat [as infrequently as once a week](#) will make a significant difference to the climate. But according to one recent study, even if Americans eliminated all animal protein from their diets, they would reduce US greenhouse gas emissions [by only 2.6%](#). According to our research at the University of California, Davis, if the practice of Meatless Monday were to be adopted by all Americans, we'd see a reduction of only 0.5%.

Moreover, technological, genetic and management changes that have taken place in US agriculture over the past 70 years have made livestock production more efficient and less greenhouse gas-intensive. According to the FAO's statistical database, total direct greenhouse gas emissions from US livestock have declined 11.3% since 1961, while production of livestock meat has [more than doubled](#).

Demand for meat is rising in developing and emerging economies, with [the Middle East, North Africa and Southeast Asia leading the way](#). But per capita meat consumption in these regions still lags that of developed countries. In 2015, average annual per capita meat consumption in developed countries was 92kg, compared to 24kg in the Middle East and North Africa and 18kg in Southeast Asia.

Still, given projected population growth in the developing world, there will certainly be an opportunity for countries such as the United States to bring their sustainable livestock rearing practices to the table.





In developing countries, raising livestock such as these goats in Kenya is an important source of food and income for many small-scale farmers and herders. [Loisa Kitakaya](#).

## **The value of animal agriculture**

Removing animals from US agriculture would lower national greenhouse gas emissions to a small degree, but it would also make it harder to meet nutritional requirements. Many critics of animal agriculture are quick to point out that if farmers raised only plants, they could produce more pounds of food and more calories per person. But humans also need many essential micro- and macronutrients for good health.

It's hard to make a compelling argument that the United States has a calorie deficit, given its high national rates of adult and child obesity. Moreover, not all plant parts are edible or desirable. Raising livestock is a way to add nutritional and economic value to plant agriculture.

As one example, the energy in plants that livestock consume is most often contained in cellulose, which is indigestible for humans and many other mammals. But cows, sheep and other ruminant animals can break cellulose down and release the solar energy contained in this vast resource. According to the FAO, as much as 70% of all agricultural land globally is range land that can only be utilised as grazing land for ruminant livestock.

The world population is currently projected to reach 9.8 billion people by 2050. Feeding this many people will raise immense challenges. Meat is more nutrient-dense per serving than vegetarian options, and ruminant animals largely thrive on feed that is not suitable for humans. Raising livestock also offers much-needed income for small-scale farmers in developing nations. Worldwide, livestock provides a livelihood for 1 billion people.

Climate change demands urgent attention, and the livestock industry has a large overall environmental footprint that affects air, water and land. These, combined with a rapidly rising world population, give us plenty of compelling reasons to continue to work for greater efficiencies in animal agriculture. I believe the place to start is with science-based facts.

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