## BIZCOMMUNITY

# **Distinguished dining at De Grendel**



6 Aug 2015

A short 20-minute drive from the Cape Town CBD, tucked away in the Northern Suburbs of Cape Town on the slopes of Tygerberg Hill, you'll find the understated and elegantly defined entrance to <u>De Grendel farm</u>.

The drive up to the <u>restaurant</u>, which opened just over three years ago, offers a tree-lined road with cattle casually grazing alongside, and the renowned vineyards beckoning to your arrival. It's a lovely build-up to the refined yet welcoming style of the restaurant, the creatively exquisite menu and great hospitality.

The <u>wine-tasting</u> area and restaurant both boast a breathtaking view of the farm as well as a clear view of Table Mountain. The view is enough to entice you, but the ambience and food seal the deal.



View from the restaurant and tasting room

#### The full culinary experience

<u>Head Chef Ian Bergh</u> is responsible for the delicious creations on offer, using locally sourced ingredients and produce to create magnificent inventions. While the menu lists the ingredients utilised in each dish, the menu changes daily to and ingredients are combined in different ways which maintains an element of surprise. This was one of the most enjoyable aspects of the experience - especially in terms of desert!

#### **Starters**

Upon arrival, we were offered a welcoming glass of De Grendel MCC Brut. For starters I ordered the squid and prawn dish with tomato panna cotta and spicy chorizo, while my guest opted for the Impala carpaccio with a hint of curry - both exquisite and generously portioned, as you'll see from the photos. Next we tasted the dish that De Grendel has become very well known for: The wild mushroom risotto. This was without doubt one of the best items on the menu; with fresh wild mushrooms and truffle oil, the risotto is crazy delicious. We also got to sample the pink lemonade sorbet as a palate-cleanser, which was refreshing and tasty.



Squid & prawn

click to enlarge



Impala carpaccio

click to enlarge



Wild mushroom risotto

click to enlarge



Pink lemonade sorbet

click to enlarge

### Mains

For the mains I had the pork belly, prepared using the sous-vide method (food is sealed in airtight plastic bags then placed in a water bath) served with a cut of pork loin and crackling (yummy!) - Utterly tender and flavourful. My guest enjoyed the duck - a pleasantly aromatic dish with a decadent potato-layered accompaniment (pomme anna) - Once again you'll notice the fair portion sizes. This meal was paired with De Grendel's Pinot Noir (a red with similar notes to a white),

complementing the food brilliantly.



Pork belly

click to enlarge



Duck with pomme anna

click to enlarge

#### Dessert

Dessert was an experience on its own, with dishes like maple syrup panna cotta, baked farm yoghurt (yes, I said yoghurt) and the special chocolate, chocolate, chocolate dish. Of course dessert is paired with De Grendel's ultimate dessert wine, the Noble late harvest - a sweet wine made from the juice extracted from botrytis-affected grapes.

The panna cotta is light and creamy, with a sweet and mild vanilla custard flavour, perfect for those who aren't looking for anything too rich. The baked yoghurt is really an amazing treat - for me, it was a close comparison to a good cheesecake. The chocolate dessert is a popular choice - the menu is vague about its components because the dish changes often but it is always decadently chocolatey and delicious - mine consisted on a white chocolate mousse, chocolate mousse and a chocolate brownie base, with chocolate ice cream. Mmmmmm.... It's safe to say we were sufficiently stuffed!



Panna cotta click to enlarge



Baked yoghurt

click to enlarge



Chocolate, chocolate, chocolate

click to enlarge

#### The farm

De Grendel (latch or lock in Dutch), is one of Cape Town's oldest farms with a <u>history</u> dating back to 1720 when it was first awarded to the Dutch settler Claas Mayboom by Governor van der Stel. The farm was purchased by the iconic South African businessman and politician Sir David De Villiers Graaff in 1890, and the land was then utilised for horse breeding as well as dairy farming.

The growth of grapes on the farm is said to be traced back to the 1800s, but it was only in 2000 that viniculture was truly established and the De Grendel name began its voyage in the industry. 3rd Baronet Sir David Graaff originally planted Cabernet and Merlot, and because the Durbanville region is so favourable for the production of Sauvignon Blanc it has become a primary focus for the winery.

Read more about the De Grendel wines and the history of the farm here.

#### Online shopping and loyalty club

De Grendel has recently launched its <u>online shopping platform</u> where you are able to purchase any of their wines at your convenience. The purchase of 12 bottles of wine from the tasting room or online shop will give you access to membership of the <u>loyalty club</u>, affording you various exclusive benefits such as a 10% discount on purchases and free delivery.

#### Contact De Grendel for enquiries and reservations:

Tasting room:

+27 21 558 6280 info@degrendel.co.za



Newly renovated visible kitchen <u>dickto enlarge</u>



De Grendel wines click to enlarge

#### **Restaurant:**

+27 21 558 7035 restaurant@degrendel.co.za

#### ABOUT ANGIE WHITE

- Press Office Manager/Writer at Bizcommunity Rooftop chilling at Chinchilla rooftop café and bar 10 Apr 2018 Twelve things to love about the Twelve Apostles Hotel and Spa 23 Mar 2018 Down the rabbit hole with the Kove collection's new addition, The White Rabbit 27 Nov 2017 New season, new head chef for Societi Bistro 16 Nov 2017 Sweet treats and creative eats Tessa's Bakery opens in Cape Town 17 Aug 2017

View my profile and articles...

For more, visit: https://www.bizcommunity.com