

## 'Open Mind' launches in Cape Town

An innovative educational initiative called 'Open Mind' launches in Cape Town this year. Offering short evening courses for adults to stimulate their brains, feed their general knowledge and enrich their lives.



Open Mind starts its first series of lectures in Cape Town in May 2014. The courses are open to anyone who is interested in expanding their world-view and exploring fascinating topics through talks by professional experts. The concept is based on the global trend of offering adult lifelong learning in an informal open course format.

The lecture series cover a variety of fields from the arts to psychology, science, human body, the environment and conservation. Each lecturer is carefully chosen and all are experts in their respective fields. The lecturers include popular speakers such as Rael Koping, Braam Malherbe, Gavin Keller, Paul Hoffmann and Marlene Wasserman (Dr Eve).

Open Mind aims to enrich and inspire people from all walks of life, through the topics and life experiences covered in the lectures, without the stress of exams. The courses encourage people to explore their own lives and capabilities.

"General knowledge is power and food for dialogue! The art of conversation is being lost as we find ourselves addicted to television, social media, SMSing," says Open Mind founder and CEO Osi Raviv.

"There is nothing like listening to a fascinating lecture and debating the topic to exercise your brain and to develop conversation - Open Mind courses are about mental stimulation, intellectual entertainment and social connection."

Most of the 2014 Open Mind Courses will be held at the Atlantic Imbizo Conference and Function Studio, which is situated in the heart of the Victoria and Alfred Waterfront, in Cape Town.

Find out more! Open Mind will launch by way of an Introductory Session on 11 March 2014 at the Atlantic Imbizo, where prospective students can meet the lecturers and ask questions about the courses they are interested in taking.

For more, go to www.openmindcourses.com

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